



# DISTRICT QUALIFIER STATE CHAMPIONSHIP

Brooklyn Center High School 6500 Humboldt Ave

Brooklyn Center, MN 55430

JUNE 24 & 25, 2023

This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.



Meet Host

## AAU Summer Meet Series

<b>District Qualifier</b>	June 24 & 25	Top 16 in each event advance to Regional Meet
<b>Regional Meet</b>	June 29 – July 2	Grandview Univ. Iowa <i>Top 6 in Running &amp; Field Events Advance To Nationals</i>
<b>National Meet</b>	July 29 - Aug 5	University of Drake, Iowa (Top 8 “All-American”)

**Eligibility:** Current AAU membership is required to register. Memberships can be obtained and/or renewed online at <https://aausports.org/Join-AAU>

**Athlete Cost:** Meet Registration Cost will be \$25.00 per athlete.

**ADMISSION:** General Public \$10.00 per day (Ages 5 and under free)  
Coaches 5 Coaches free admission per team (all others must pay)

**Awards:** AAU Medals will be awarded to the top three performers in each event

## Online Registration Only “No Registration At The Meet”

**Register** [www.coachoregistration.com](http://www.coachoregistration.com)

Online registration closes @  
11:59 p.m. on June 23<sup>rd</sup>

Additional Events Information [YFDS.org/events](http://YFDS.org/events)



**Meet Format:**

**RUNNING EVENTS:** will be on a “rolling schedule”. An approximate time schedule will be provided, however since there is no way to accurately predict the number of participants, the number of heats needed in each event is uncertain. Running events will be contested from youngest age to oldest, girls’ heats first. Age groups will be combined when appropriate.

**IMPORTANT NOTE:** Preliminary heats with 8 contestants or fewer will be run as a final on Saturday.

**HORIZONTAL JUMPS AND THROWING EVENTS:** Competitors will be given 4 attempts, cafeteria style within age groups. At check-in the event official will establish a specific time by which all attempts in that age group must be completed. Athletes competing in other events are responsible to make their attempts within the allotted time.

**Competitive Age Divisions:**      **Age division based upon the age the athlete will turn this year**

**Ages 8 & Under**

- Age 9
- Age 10
- Age 11
- Age 12
- Age 13
- Age 14
- Ages 15 & 16
- Ages 17 & 18\*

**High School Athletes that turn 18 years old prior to August 5<sup>th</sup> is eligible to participate.**

**Pole Vault, Multi events, Steeplechase:**

Pole Vault, Steeplechase and Multi events will not be contested in the District Qualifier. Athletes wishing to enter these events at a Regional Meet will be passed through automatically.

**Event Limits:**

Ages 12 and younger: Maximum of 3 events.    Ages 13 +: Maximum of 4 events.

**Relay Limits:**

Participation on a relay will count as one of the athlete’s individual entries and counts toward the maximum number of events allowed.  
Relay teams will consist of 4 members and can list up to 4 alternates.

# Meet Directors

**Co-Meet Director**  
**Co-Meet Director**

Dawn Johnson  
Melvin Anderson

[dlbj42@gmail.com](mailto:dlbj42@gmail.com)  
[manderson@trackminnesotaelite.com](mailto:manderson@trackminnesotaelite.com)

**Online Entry & Question**

[support@coacho.com](mailto:support@coacho.com)

**Inclement Weather:** Weather related delays or scheduling changes will be at the sole discretion of the Meet Directors.

**Vendors**

**Athletic and Health based vendors will be present.**

To become a vendor contact Lisa [info@trackminnesotaelite.com](mailto:info@trackminnesotaelite.com)

**Tents, Canopies  
& camps:**

Tents and canopies will be permitted only in the top 3 rows of bleachers. No team camps, with or without tents or canopies will be permitted in the infield.

**No dogs, except service dogs permitted inside the stadium.**

**Spikes:**

Maximum spike size is ¼" pyramid type. Needle spikes will not be permitted.

**Protests:** Protests relating to matters that develop during the conduct of the meet must be made to the Meet Director in writing. Protests must be filed not more than 30 minutes after results have been announced. A \$75.00 cash deposit must accompany the protest. The Referee shall follow the 2019 AAU Athletics handbook and the USATF Rulebook in rendering a decision. The Referee's decision may be appealed to the Jury of Appeals, whose decision will be final.

**DEPOSIT WILL BE FOFETED IF THE PROTEST IS DENIED.**



# MINNESOTA AAU TRACK AND FIELD DISTRICT QUALIFIER JUNE 26 & 27, 2021

TRACK MINNESOTA  
ELITE



### SATURDAY TRACK SCHEDULE (Rolling Schedule; times approx.)

<b>10:00</b>	3000 METERS
<b>10:30</b>	80/100/110 METER HURDLE PRELIMS (RUN AS FINAL IF 8 OR FEWER)
<b>11:15</b>	100 METER PRELIMS/FINALS - RUN AS FINAL IF 8 OR FEWER REPORT
<b>1:00</b>	200/400 METER HURDLES – TIMED FINAL
<b>1:30</b>	200 METER PRELIMS/FINALS - RUN AS FINAL IF 8 OR FEWER REPORT
<b>2:45</b>	800 METER FINALS
<b>3:30</b>	4 X 100 METER RELAY FINALS
<b>4:00</b>	4 x 400 METER RELAY FINALS

### SATURDAY FIELD SCHEDULE

	High Jump	Long Jump	Shot Put	Discus
<b>9:15</b>	11G & 12G	8 & UNDER G/B	15/16 G & 17/18W	13 B & 14 B
<b>10:15</b>	11B & 12B	9B & 10B	15/16 B & 17/18 M	13 G & 14 G
<b>11:00</b>	15 & 16 G & 17 & 18 W	15/16G & 17/18G	13 G & 14 G	11 G & 12 G
<b>12:00</b>			13 B & 14 B	11 B & 12 B
<b>1:00</b>	15 & 16 B & 17 & 18 M	13B & 14B	11 G & 12 G	15/16 G & 17/18W
<b>2:00</b>		13G & 14G	11 B & 12 B	15/16 B & 17/18 M
<b>2:45</b>	9G & 10G	15/16B & 17/18B		

### SUNDAY TRACK SCHEDULE (Rolling Schedule; times approx.)

<b>10:00</b>	1500 METER FINALS
<b>10:45</b>	80/100/110/ METER HURDLE FINALS
<b>11:30</b>	100 METER FINALS
<b>12:00</b>	400 METER FINALS
<b>1:30</b>	RACEWALK (1500 & 3000 CONCURRENT)
<b>2:00</b>	4 x 800 RELAY
<b>2:20</b>	200 METER FINALS

### SUNDAY FIELD SCHEDULE

	LONG JUMP	TRIPLE JUMP	HIGH JUMP	SHOT PUT	JAVELIN
<b>9:15</b>	9G & 10 G		13G & 14G		8 & U 9/10 B & G
<b>10:15</b>	11B & 12B		13B & 14B	8 & U B/G	11/12 B & G
<b>11:00</b>	B11G & 12G			9B & 10 B	13/14 B & G
<b>11:45</b>		ALL REPORT - FLIGHTS SET AFTER CHECK-IN	9B & 10B	9G & 10 G	15/16 17/18 B & G

0000

**JUNE 24 & 25**

**BROOKLYN CENTER HS**



**AAU STATE  
CHAMPIONSHIP  
2023**

