

Time: 9:00 Gate Opens
10:15 Coaches Meeting (Clerking Tent)
10:30 Field Events Begin
11:30 Running Events Begin
12:15 6 & Under 50M Fun Race

Meet Directors
[Dawn Johnson](#)
[Melvin Anderson](#)

Meet Entry Fee: \$15.00 for each athlete for track and field events. All fees are non-refundable

Gate Entry Fee: Adults \$5.00 Youth \$5.00 Children 6 and Under are free

Free 50m Mini Me Race Ages 6 & Under

Registration:

- YFDS.org
- Online Registration Deadline: **June 1st 8:00 pm**
- **Day of Meet Registration:** 9:30 to 11:00 *(These athletes will not be entered into timing system and will not receive an official time in running events & will be placed in heats with others meet day registered athletes)*

Awards: 14 & Under athletes with top 3 finishes will receive ribbons

Results will be posted online at: YFDS.org

Coaches Entry Passes

2-10 Athletes: 1 Coach Band
11-20 Athletes: 2 Coach Band
21-30 Athletes: 4 Coach Band
31-50 Athletes: 5 Coach Band
51-100 Athletes: 8 Coach Band

Concessions: Food & Drinks Will be provided by "Events With Taste"

Coaches and Parent Coaches will be allowed on the field in designated areas ONLY.

***Thrower's Competitors should bring their own implements to be used at Meet.**



Events

Sprints

100	8 & Under	9-10	11-12	13-14	15-16	17-18	Open (Prelims if more than 8 athletes)
200	8 & Under	9-10	11-12	13-14	15-16	17-18	Open
400	8 & Under	9-10	11-12	13-14	15-16	17-18	Open

Hurdles

80H	11-12						
100H	13-14	15-16	17-18	Open (Prelims if more than 8 athletes)			
110H	15-16	17-18	Open (Prelims if more than 8 athletes)				
200H	13-14						

Distance

800m run	9-10	11-12	13-14	15-16	17-18	Open
1500m run	9-10	11-12	13-14	15-16	17-18	Open

Field events

Long Jump	8 & Under	9-10	11-12	13-14	15-16	17-18	Open
Shot Put	9-10	11-12	13-14	15-16	17-18	Open	
High Jump	9-10	11-12	13-14	15-16	17-18	Open	
Javelin	9-10	11-12	13-14	15-16	17-18	Open	

Relay

400m (4x100) Relay	8 and under	9-10	11-12	13-14	15-16	17-18
1600m (4x400) Relay	8 and under	9-10	11-12	13-14	15-16	17-18





Order of Events

11:30 Running events
80H finals
100H finals
110H finals
6 & Under 50M Fun Race
100m finals
1500m run
400m
200H
800m run
200m
4x100 relay
4x400 relay



Field Events

Long Jump (Starts at 10:30 beginning with 8-12 years old)

Shot Put

High Jump

Javelin

DETERMINED



TO SUCCEED



Track Minnesota Invitational Participation Waiver

To save you registration time complete waiver Or Complete online YFDS.org

Name _____ Birthdate _____ School _____

Address _____ City: _____ Zip: _____

Cell _____ Email: _____

PARENTS INFORMATION

Parent/Guardian Name: _____ Phone # _____

Email: _____

How did you hear about Track Meet _____ How many years have participated in this meet? _____

In an emergency, when parent/guardian cannot be reached, please contact.

Name: _____ Relationship _____

Home # _____ Work # _____ Cell # _____

PARENT/GUARDIAN AGREEMENT I, Recognizing the possibility of physical injury associated with the fitness and track & field components activities, I hereby release, discharge and/or otherwise indemnify TME, YDS and its affiliated organizations, partners and sponsors, their employees and associated personnel, including the owners of fields and facilities utilized for the programs, against any claim by or on behalf of the registrant as a result of the registrant's participation in the program and/or being transported to or from the same, which transportation I hereby authorize.

Participant (Print): _____ Signature: _____ Date: _____

Parent/Legal Guardian (Print): _____ Signature: _____ Date: _____