



GETTING IT DONE FOR A QUARTER CENTURY

26TH SEASON

Track Minnesota Elite (TME)

Minnesota's oldest club team and nationally recognized program.

TME a program of Youth & Families Determined To Succeed (YFDS) nonprofit organization, is a college development program that has been an instrumental to assisting youth onto pathways to long-term success.

Since 2006, 90% of our alumni 300+ have attended and graduated college.

TME's Primary Objective

To enhance youth's resiliency and track skills into collegiate opportunities and lifelong success. Travel youth to high level championship and international track meets experiences that enhance their talent and more importantly elevates their goals and visions.

Value Proposition

Our greatest value and the difference between TME and other team is our caring coaching staff of 12+ coaches, our hands on coaching, the training plans we have perfected the past 26 years and participating in high level national and international track meets.



Youth & Parent Participation Expectations

Youth Participants

1. Do your best at every practice and track meets
 2. Respect coaches and other adults at all times
 3. Participate: Community volunteering projects, team fundraisers and other YFDS personal development programs: Life Skills & College Prep Programs
 4. Behavior:
 - No privilege acting & No ghettoism
 - Get along with teammates
 - Follow coaches Instructions
 - Positive behavior and want to be great mentality
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Parents

1. **Pay team fees by deadlines:**
 - Deposit: 50% > 10 Days from completing team application
 - Base Fee Balance > May 23rd
 - Travel Meet Fees > 10 Days prior to meet
2. **Complete all compliance items within 7 days of completing application**
 - Starting June 1 must be completed same day as application
 - Compliance components: Application / Download Team App / Purchase AAU & USATF Membership
3. **Volunteer if needed at hosted track meets** > TME invitational, AAU State & Regional Meets
4. **Help at practice as needed** > Ex. Move Hurdles & HJ Matts
5. **Behavior:** No Privilege Acting, No Ghettoism, Support Coaches and Be Congenial With Other Parents

Help Raise Funding

Help raise capital for organizational capacity & scholarship fund for under resourced participants fees. **\$50,000 GOAL**

The past 26 years we have never turn away a child because of fees which has resulted in many success stories that would not have happened without TME scholarship funds. The YFDS model is unique and there are limited grants that support YFDS programming, the YFDS Center and General Operation.

Each parent is asked to share our sponsor package with a prospective individual or organization or make prospect introduction. [Event Sponsor Package](#) | [Organization Sponsor Package](#)

Contacts to make introductions or questions?

Coach Mel 763-227-0783



VARSIITY TEAM

Varsity team is for inspiring college athletes and youth looking for extensive & expedited track development . **Parents' choice.** The Varsity team practices 4 days per week Mon - Thur. Travelling meets registrations fees are included in base fee. Ideally, youth should participate in the AAU National Jr. Olympics if they qualify in the top 30 and 1 national invitational meet.

Pre-Season Training May 4th to 30th

Track Training

Mon & Wed 6:00 to 7:30 YWCA Indoor Track 2121 E Lake St

Strength Training (Non Weights)

Sun 3:00 to 4:30 YFDS Center 4371 Winnetka Ave. N. New H

Cost

\$50 Due at first practice. Cash or Check Payable (TME). Submit in envelope with kids names on it

Only for athletes who are not participating in HS track

Team Fee \$1,000 All Due: May 23rd

Sibling Fee \$700

Payments: Via Invoice or Team App or Cash or Check

Pays For: Facility Rentals, Coaches Pay, Team T Shirt, Equip, Banquet, Local Meets: Registration Fee, Food & Drink

Practices

June 2nd – July 30th Mon to Thurs 6:30 to 8:30
Brooklyn Center High School Stadium, 6500 Humboldt Ave. N.

OTHER FEES

Travel Meets Fees (Optional)

Pays For: Coaches Expenses | Meet Registration

Meet Food & Drinks | Track Equip. Transportation

Due: 10 Days Prior to Meet

USATF Regional Championship	\$100
AAU Youth or International Youth Championship	\$100
Primary Club Championship	\$150
AAU Jr. Olympics National Championship	\$150

Parents Responsibilities: Pay for child's travel, housing, and responsible for chaperoning your child at travel meets.

VARSIITY TRACK MEET SCHEDULE

June 7	MN Flyers Invitational	Armstrong HS
June 8	Track MN Invitational	Brooklyn Center HS
June 14 & 15	USATF State Championship	Lakeville HS
June 21 & 22	AAU State Championship	Brooklyn Center HS
June 26-29	AAU Regional Championship	Mounds View HS
July 5 & 6	USATF Regional Championship	TBD
July 6 & 7	Primary National Championship	Jacksonville, FL
July 8-12	Club Championship	Jacksonville, FL
July 11-13	International Youth Championship	Maryland
July 28-Aug 2	AAU National Championship	Houston, TX

Team Banquet | August 9

Scholarships

Thanks to generous sponsors & our commitment to never turn a kid away, TME provides need-based scholarship based upon funds availability.

Apply | manderson@trackminnesotaelite.com



JUNIOR | Mini MeTEAM

Junior team is a great fit for developmental youth or those who can only practice twice per week. **Parent Choice.** The Jr. team only practices on **Mon & Wed** and has a limited baseline schedule.

The Jr. Team can participate in ala carte meets outside their base schedule for extra cost outlined below.

Fast developing Jr. team youth who plan to participate in AAU Junior Olympics can move up to Varsity team in July to increase practice days and JO Games prep | Additional cost would be \$175

Pre-Season Training May 6th to 30th

Training Sessions

May 6st – May 29th

Mon & Wed 6:30 to 8:00 YWCA Indoor Track 2121 E Lake St

Sundays 3:00 to 4:30 Brooklyn Center High School Stadium

Cost

\$50 Due at first practice. Cash or Check Payable (TME).

Submit in envelope with kids names on it

Only for athletes who are not participating in HS track

Team Fee \$500 All Due: May 23rd

Sibling Fee \$250

Payments: *Via Invoice or Team App or Cash or Check*

Pays For: *Facility Rentals, Coaches, Team T Shirt, Equip, Banquet, Local Meets: Registration, Food & Drink*

Practices

June 1st – July 28th Mon & Wed 6:30 to 8:30

Brooklyn Center High School Stadium, 6500 Humboldt Ave. N.

OTHER FEES

Travel Meets Fees (Optional)

Pays For: *Coaches Expenses | Meet Registration | Meet Food & Drinks | Track Equip. & Tents Transportation*

July Upgrade to Varsity Team \$175

USATF State Championship **\$100**

USATF Regional Championship **\$100**

AAU Youth or International Youth Championship **\$100**

Primary | Club Championship **\$150**

AAU Jr. Olympics National Championship **\$150**

Fees Due: 10 Days Prior to Meet

Parents Responsibilities: *Pay for child's travel, housing, and responsible for chaperoning your child at travel meets.*

JR. TEAM TRACK MEET SCHEDULE

June 7	MN Flyers Invitational	Armstrong HS
June 8	Track MN Invitational	Brooklyn Center HS
June 21 & 22	AAU State Championship	Brooklyn Center HS
June 26-29	AAU Regional Championship	Mounds View HS
July 8	USATF Invitational	TBD
July 16	USATF Invitational	TBD
July 30	USATF Invitational	TBD
Aug 5	USATF Invitational	TBD

Team Banquet | August 9

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General Team Information

Refunds

- There will be no refund if participants are dismissed from team because of their or parent negative behavior.
- Refunds will be provided less \$100 if participant is hurt and can no longer participate prior to June 15.

Traveling Meets

- TME will RSVP 30 - 50 rooms for each outstate Regional or Invitational Meet
- Athletes must travel with parent (No team travel)
- Traveling team fees includes shared cost of coaches to travel to outstate track meets.
- Mini-Me Team does NOT do travel meets

Relays

- Athletes who do not plan to attend the National Meet, will not be able to compete on "A" relays
- There will be 2 to 4 relays run offs to determine final "A" relay teams. The fastest 4 will make relay unless the coaches choose someone else because of experience and participant's attitude.
- Developmental Level Relays will only be contested at invitational meets

Difference Between AAU & USATF Meets

- AAU has sub age groups that youth participate in: 8 & Under / 9 / 10 / 11 / 12 / 13 / 14 / 15 & 16 / 17 & 18
- USATF has paired age groups that youth participate in: 8 & Under / 9 & 10 / 11 & 12 / 13 & 14 / 15 & 16 / 17 & 18
- Athletes participate in the age they will be in the current year regardless of when birthday is.











Additional Training Services

- Parent Fitness Program – YFDS will be offering parent fitness training at practices (TBD)
- Strength Training & Recovery – YFDS will be offering summer strength training and after meets recovery training (TBD)
- College Prep – YFDS will be offering college prep for emerging Junior and senior participants throughout the year



2025 Uniforms & Gear

Please visit the 2025 TME Store at YFDS.org to purchase or [Click Here To Purchase](#)

<p>Team Package: \$175.00</p> <p>Uniform Sweat Suit Team Shirt Back Pack That Includes "Youth Name"</p>		
<p>Uniform Only \$100.00</p>		
<p>Sweat Suit Only \$100.00</p>		
<p>Back Pack Only \$60.00</p>		
<p>Team Shirt \$25.00</p>		



Coaching Staff

<p>Mel Anderson Founder & Head Coach Sprints Relays 26 Years University of Minnesota – Football & Track & Field NFL – Pittsburgh Steelers Receiver</p>		<p>Antwain Hollie <i>Long & Triple Jump Hurdlers</i> 10 Years Butler University – Track & Field</p>
<p>Tara Watson Hurdles / High Jump 24 Years Seton Hall – Track & Field</p>		<p>Jovan Thompson Hill <i>Mini Meme Lead Coach Mid Distance</i> 3 Years St. Johns University, NY</p>
<p>Dawn Johnson Assistant Head Coach / Sprints / Relays 18 Years Purdue University – Track & Field</p>		<p>Ruby Stauber (TME Alumni) Sprints / Distance 2 Year LSU & Vanderbilt – Track & Field</p>
<p>Samantha Bailey Distance 22 Years Concordia University</p>		<p>Alexandrea Hurst <i>Throws</i> 3yrs University of Mankato State – Track & Field Current Throws coach at Armstrong High School</p>
<p>Josh Robinson High Jump 8 Years Mankato State University – Track & Field</p> <div style="display: flex; justify-content: space-around; align-items: center;">   </div>		<p>Shiv Jhane (TME Alumni) <i>Sprinters</i> 3yrs Colgate University – Track & Field</p> <p>Sidreisha Floyd (TME Alumni) <i>Sprinters</i> 2yrs Minnesota State Mankato University – Track & Field</p>

Questions or to set up tryout | mailto:manderson@trackminnesotaelite.com

DETERMINED TO SUCCEED

